







## References

0050

 **Sketch** - desing

 **Notion** - document organization

 **Miro** - discovery collaborative

 **Google suite** - communication

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**01 Discovery**

Market research

**02 Define**

Afinity Diagram

Many people find it difficult to do diet and exercise programs because they cannot prevent themselves from keeping motivated.

03 Ideate      04 Prototype      05 Test      06 Implement

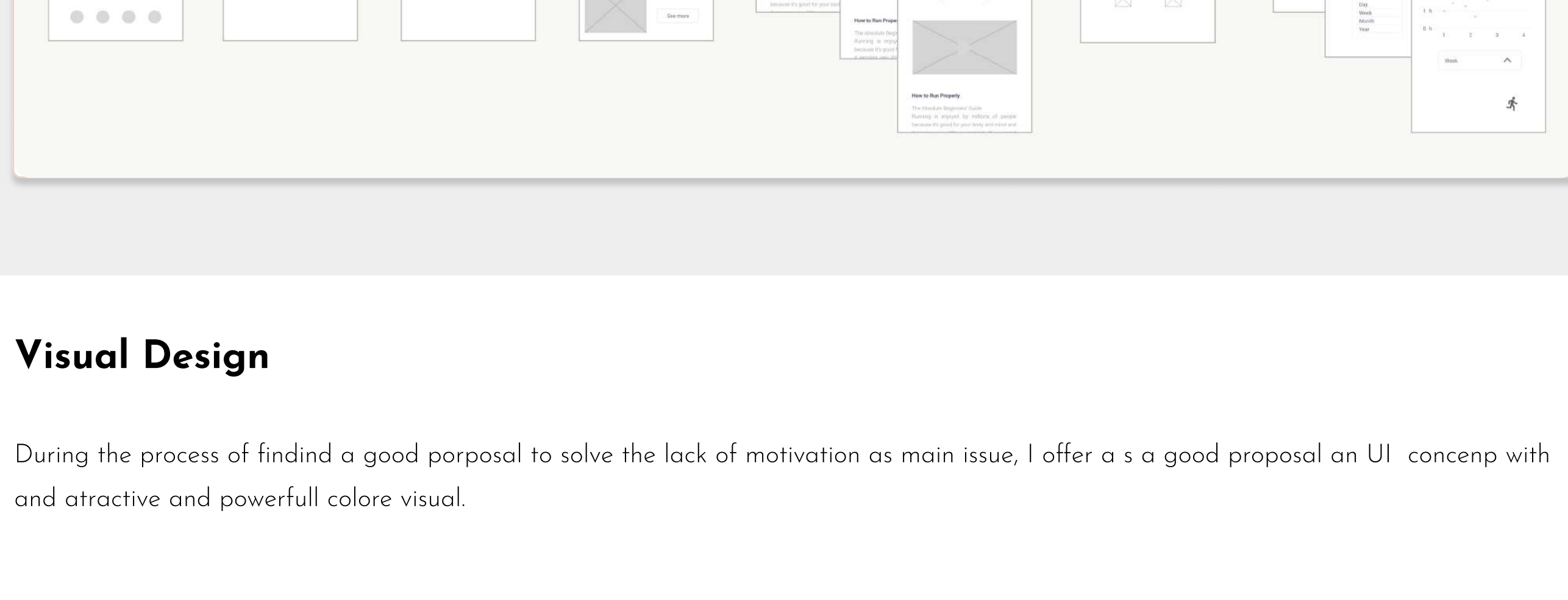
second part  
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The idea is that, activity. When th

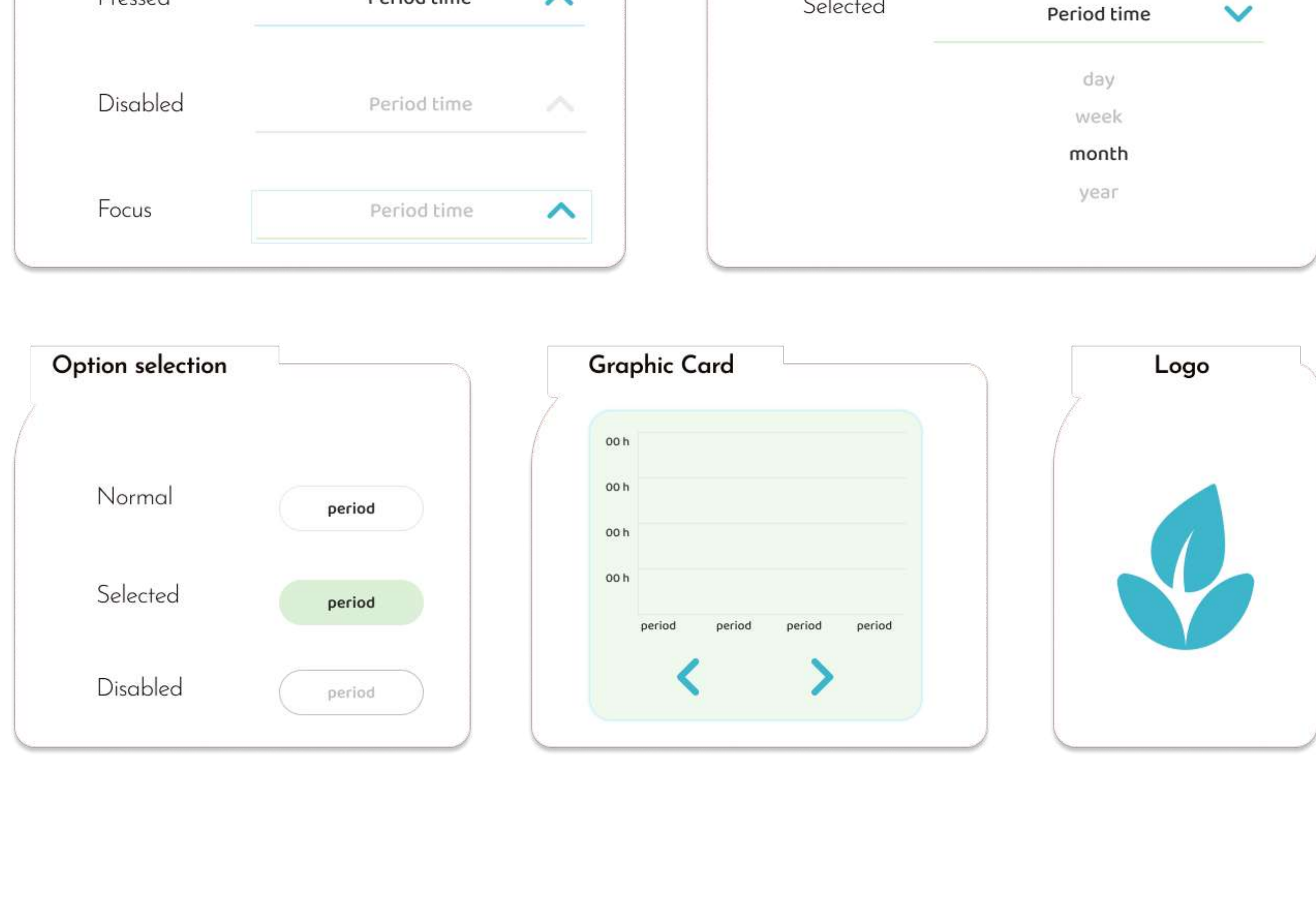
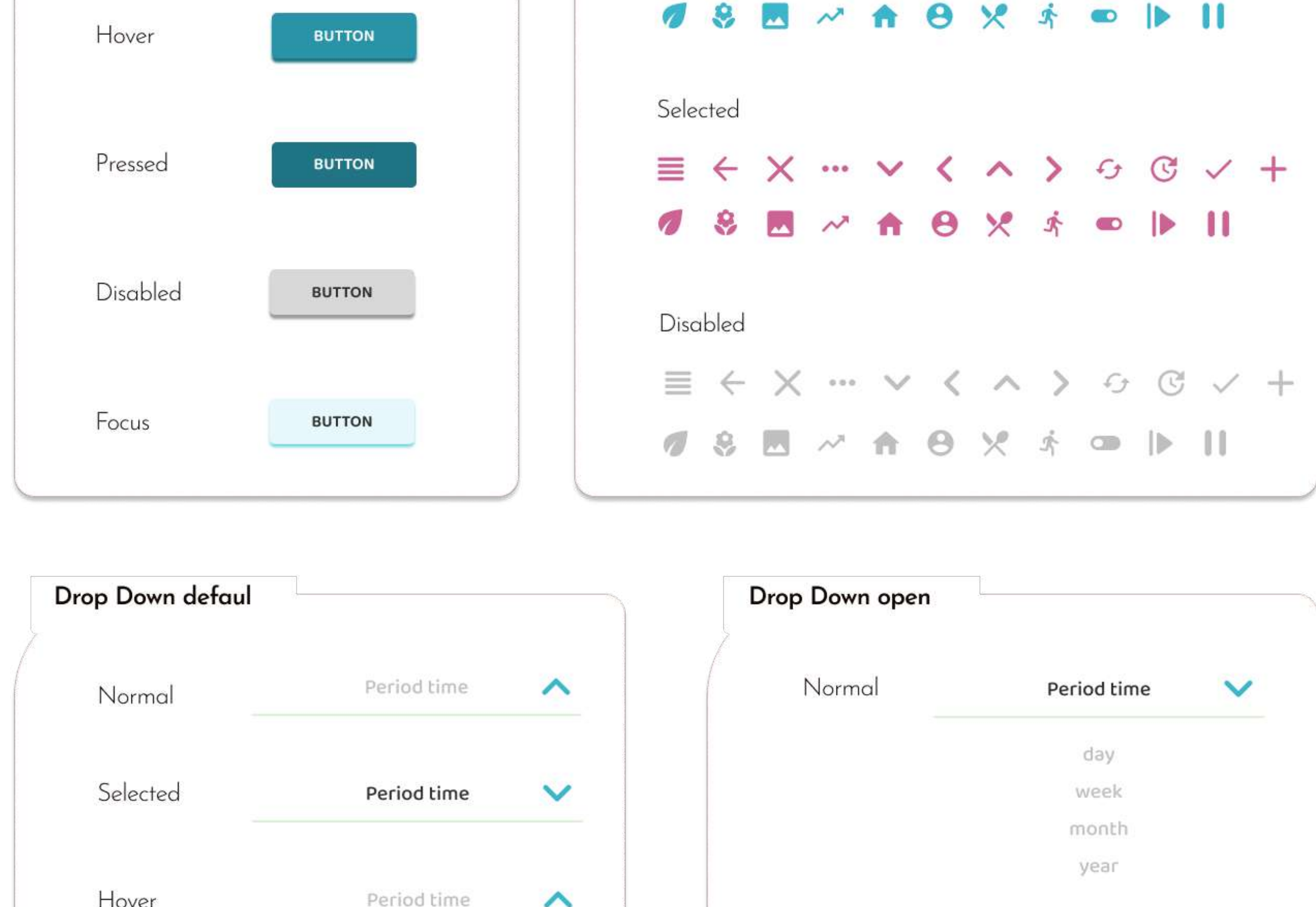
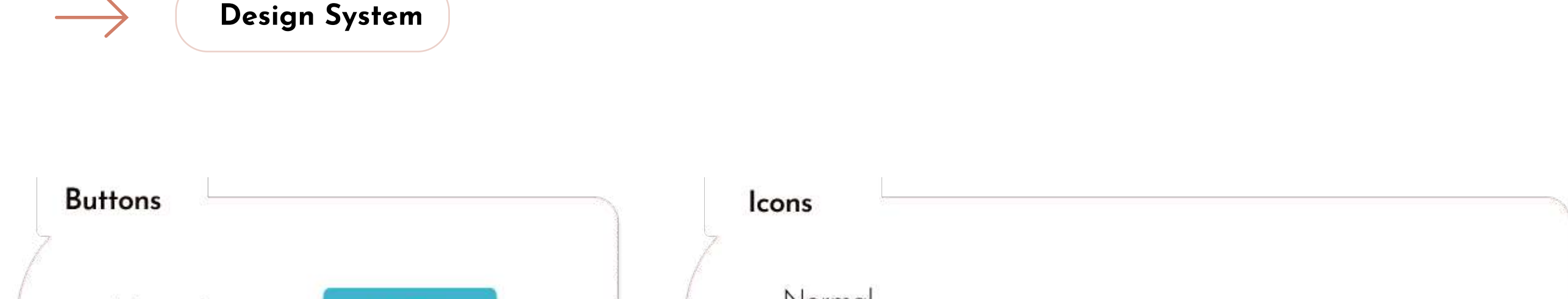
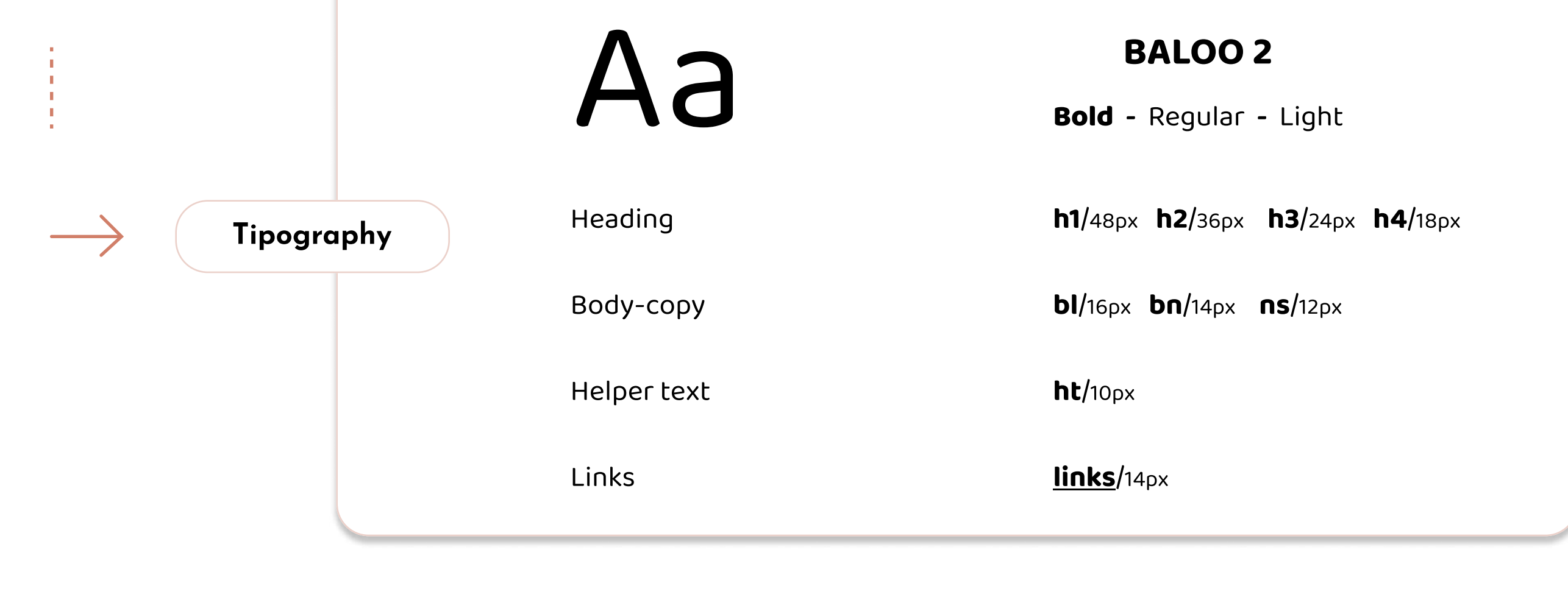
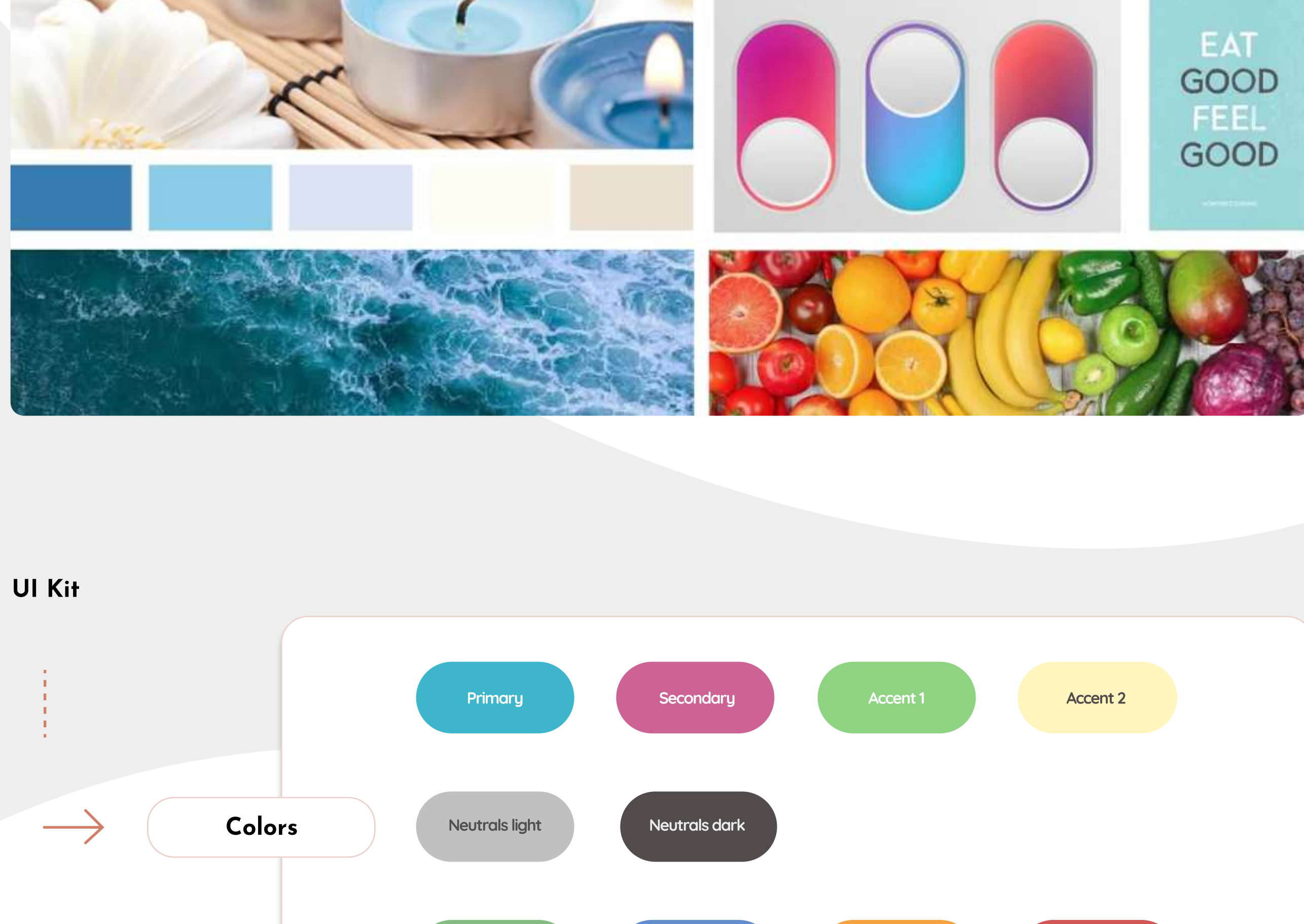
The figure displays a sequence of eight screenshots from the 'My Home' app, illustrating the user journey from notification to tracking progress. The screenshots are arranged in two rows of four, with labels above each pair:

- Notification message:** A notification banner at the top of the home screen with a bell icon and the text 'New! Home security system has been set up'.
- Push down notification:** The notification banner is swiped down, revealing a list of items under the heading 'My Home'.
- Loading Wellness app:** A screen showing a loading spinner and the text 'Please wait while we load the app'.
- Spot location:** A screen showing a map with a location pin and the text 'Spot location'.
- Start Taping:** A screen showing a large circular button with the text 'Start Taping'.
- Mail Done message:** A screen showing a large circular button with the text 'Mail Done'.
- Tracking period progress:** A screen showing a progress bar and the text 'Tracking period progress'.



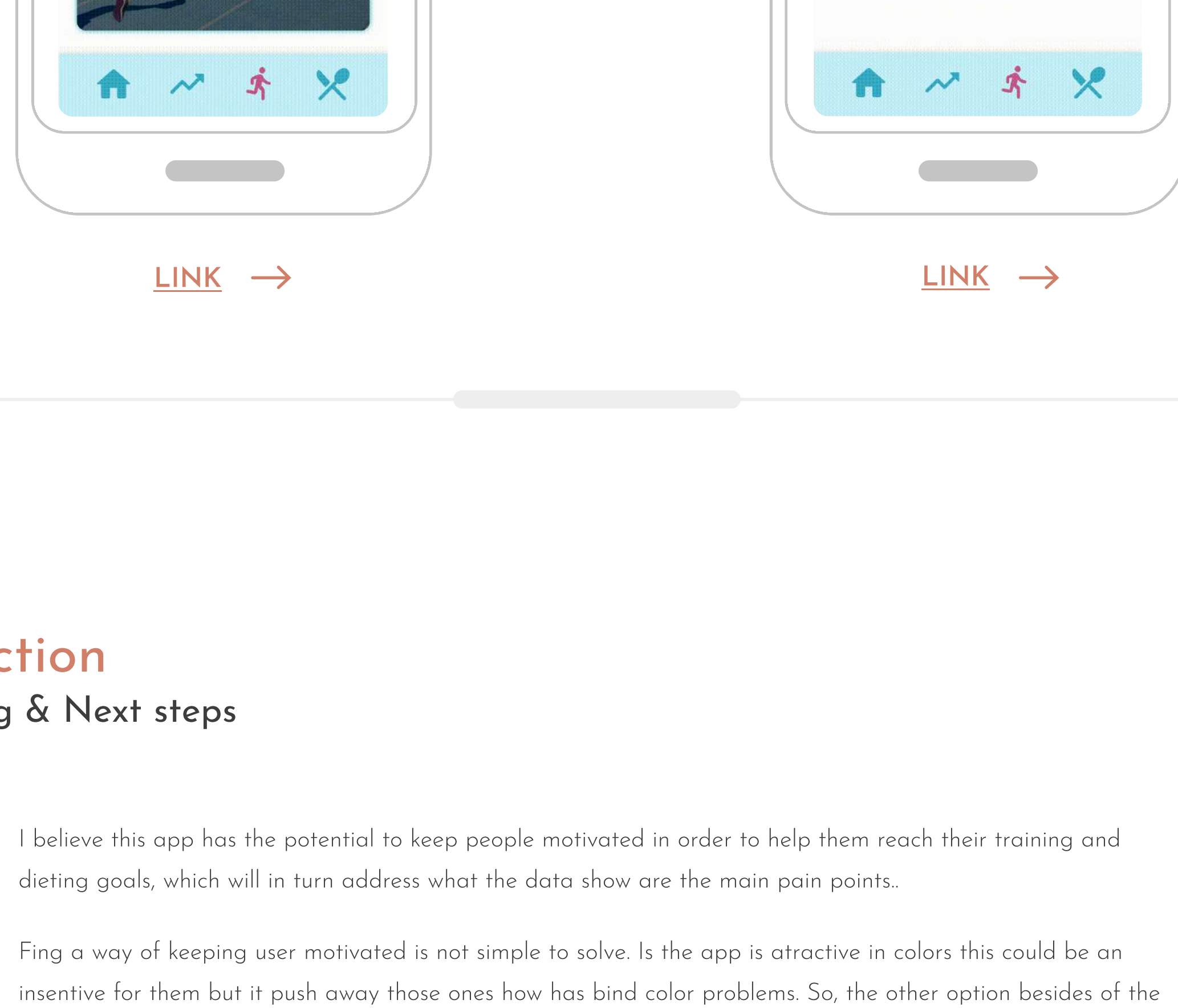
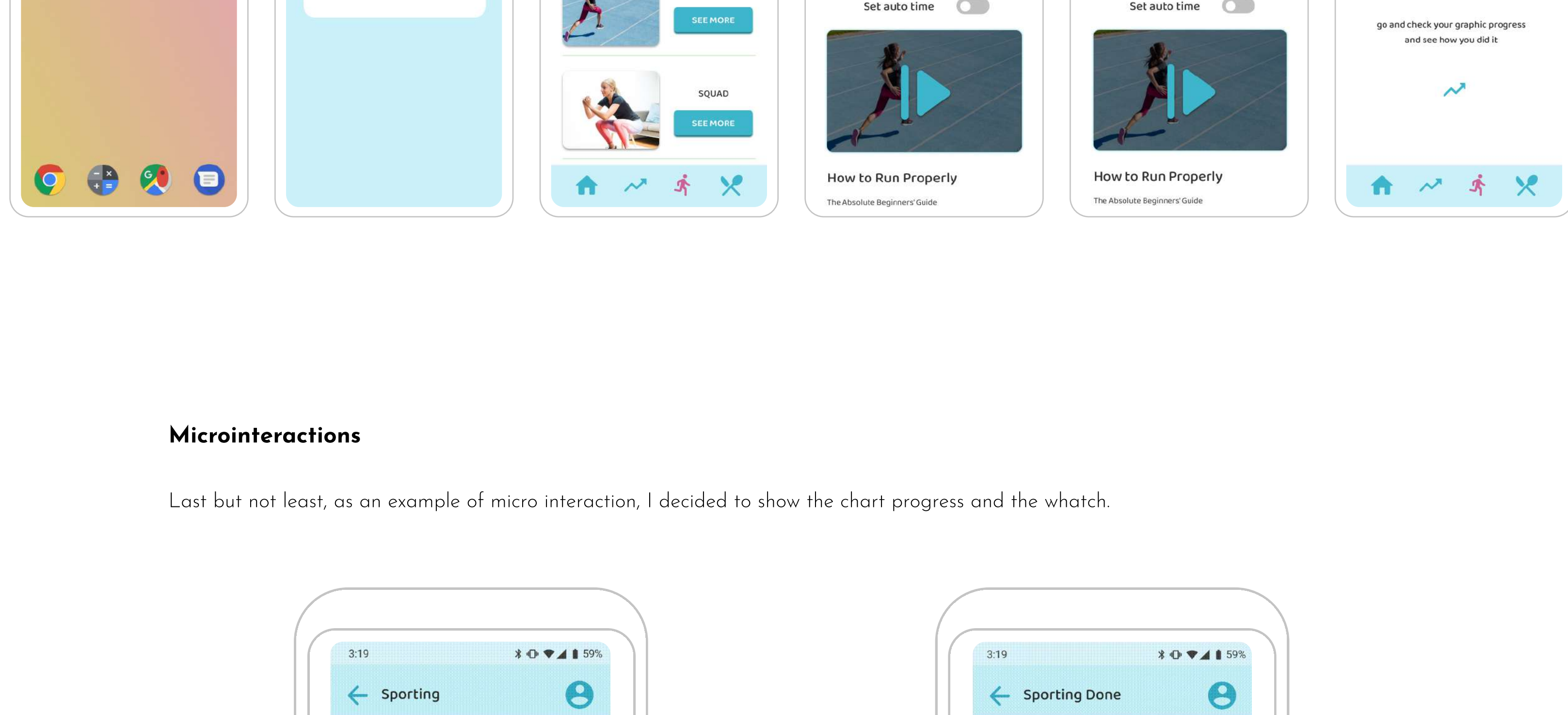
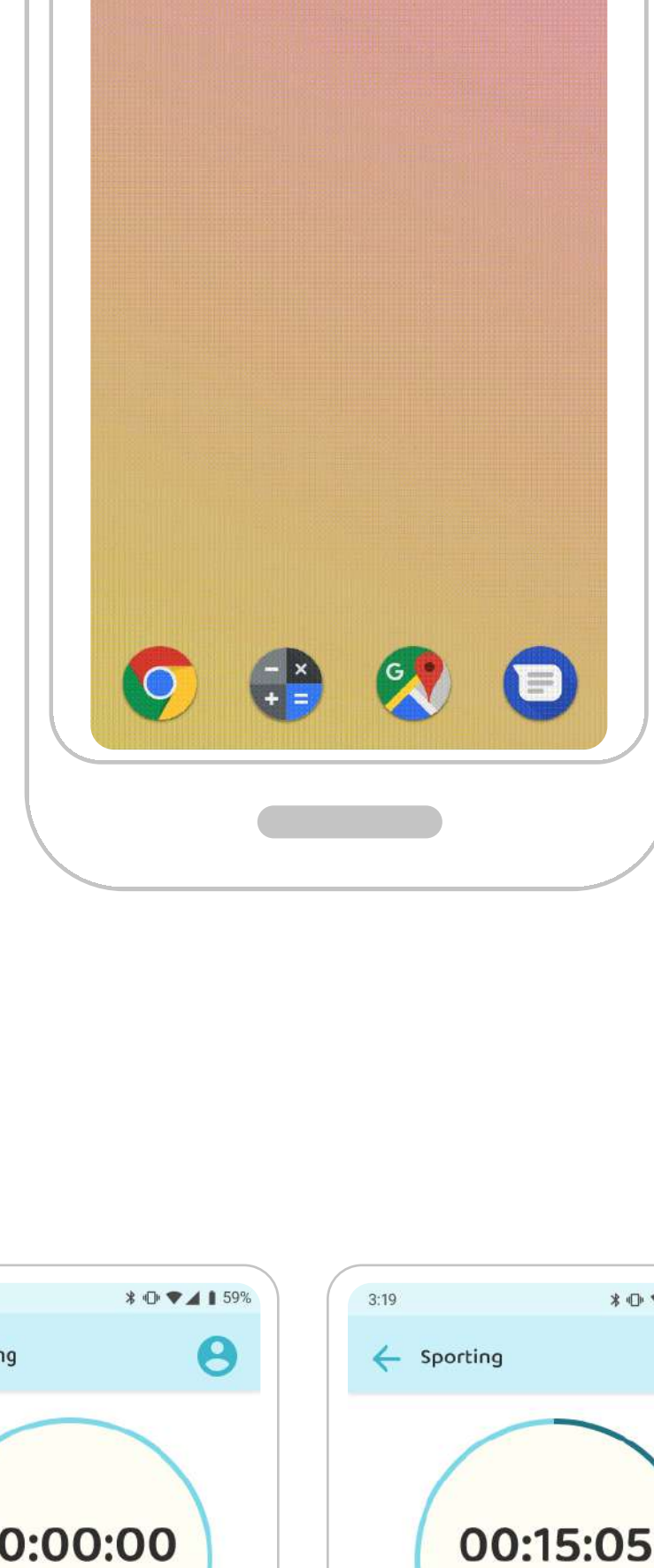
Since the main goal of pictures, colors and shape

**Key-words:** healthy, strong, simple, happy, perseverant



the user flow: at a key notification reminding

the user finishes the activity, she will receive an encouraging message and she will be able to see progress made so far.



Next, I will discuss the effects of

second part - 2/2

Get in touch for opportunities or just to say hi!